

# Lunch Menu

## Blind Brook MS/HS

March  
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM



Monday

Tuesday

Wednesday


Thursday





Friday


4 Pulled Pork Sliders   
Or Hot Pressed  
Cubano Sandwich   
  
With Sweet Potato  
Fries  
With Orange Glazed  
Carrots  
And Mixed Fruit

5 Homemade Chili   
  
Or Vegetarian Chili   
  
With Baked potato  
With Roasted  
Vegetables   
And Mixed Fruit

6 Herb Roasted  
Chicken  
With Yellow Rice  
And Baked Plantains  
Maduros  
And Mixed Fruit



7 Chicken & Cheese  
Quesadilla  
*hand crafted grilled flour  
tortilla filled with juicy  
chicken and melty cheese*  
Or Cheese Quesadilla  
  
With Black Beans  
And Mixed Fruit




8 Homemade Baked  
Pasta with Cheese   
  
Or Pepperoni and  
Cheese Stromboli   
  
With Caesar Salad  
And Mixed Fruit

11 Cheeseburger  
*burger topped with cheese  
on a freshly toasted bun*  
Or Turkey Burger  
Or Cheesy Veggie  
Burger   
With Sauteed Onions  
& Peppers  
And Fresh Fruit Cup

12 General Tso's  
Chicken  
*crispy chicken with broccoli  
in General Tso's sauce*   
With Vegetable Fried  
Rice  
With Mixed  
Vegetables  
And Mixed Fruit

13 Yard Bird Classic  
Chicken Sandwich  
With Oven Baked  
Fries  
With Homemade Deli  
Style Coleslaw  
And Mixed Fruit

14 Nachos with Cheese  
*creamy cheese layered over  
a bed of nachos*   
Or Nachos Grande  
*tortilla chips topped with  
freshly prepared mexi style  
meat and cheese*   
With Fiesta Corn  
Mixed Fruit




15 Homemade  
Shepherd's Pie   
Or Homemade Veggie  
& Cheese Stromboli  
  
 With Roasted  
Vegetables  
And Mixed Fruit

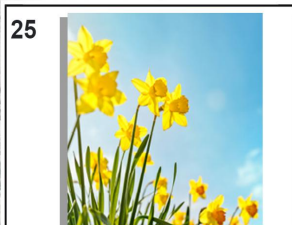
18 Cinnamon French  
Toast   
Or Bacon, Egg and  
Cheese Breakfast  
Sandwich   
With Cinnamon &  
Honey Roasted Beans  
And Fresh Fruit Cup

19 Mango Chicken  
Lettuce Wraps   
Or Buffalo Chicken  
Panini  
*buffalo chicken with lettuce  
and tomato on a panini*   
With Sauteed Spinach  
And Mixed Fruit

20 Beef Hot Dog on Bun  
Or Chili Cheese Dog  
*a tender hot dog topped  
with savory chili and cheese  
sauce in a toasted bun*   
  
With Baked Beans  
And Mixed Fruit

21 Crispy Tacos  
*homemade spicy taco meat  
inside a crispy taco shell  
topped with cheese*  
Or  
Soft Tacos  
Fiesta Corn  
Mixed Fruit

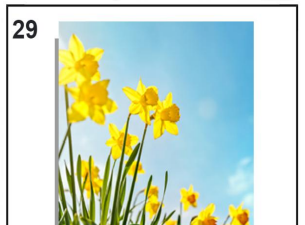
22 Cheesy Lasagna   
  
Or Meaty Lasagna  
Rollup   
With Homemade  
Garlic Bread  
With Steamed  
Broccoli  
And Mixed Fruit



26 **SPRING  
BREAK!  
SCHOOL  
CLOSED**



28 **SPRING  
BREAK!  
SCHOOL  
CLOSED**



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

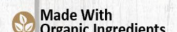
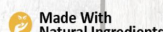
\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



### Hot Items available daily

Chicken Patties,  
Hamburgers  
Cheeseburgers  
Chicken Nuggets  
Pizza  
French Fries



### Cold items available daily

Chicken Wrap with Lettuce (crispy or grilled)  
Turkey BLT Wrap, Chicken Caesar Salad ,  
Garden Salad  
Bagel with Butter/Cream Cheese  
Fruit & Yogurt Parfait

All lunches include an entree, grain, vegetable, fruit  
and milk or 8oz water